401ST MILITARY POLICE COMPANY FORT HOOD, TEXAS

Gunfighter Gazette



30 SEPTEMBER 2007

Volume 1, Issue 5

CONGRATULATIONS

Inside this issue: Gunfighter 6/7 Sends Gunfighter 3/5 3 Sends **Warfighter Times Punisher Corner Hooligan Report** Workhorse 7 Soldier's Corner 8 Congrats 9 Calendar 10



SGT Erik D. Neal was born at Scott Air Force Base, Illinois on 13 April 1977 and entered the U.S. Army in 2000. He completed Military Police One Station Unit Training (OSUT) at Ft. Leonard Wood, Missouri

SGT Neal's military awards and decorations include the Army Commendation Medal (10LC), Army Achievement Medal (30LC), Good Conduct Medal, National Defense Service Medal, Kosovo Campaign Medal (w/ Bronze Star), Global War on Terrorism Service Medal, Noncommissioned Officer Professional Development Ribbon, the Iraqi Campaign Medal, the Army Service Ribbon, Overseas Service Ribbon, United Nations Medal (Kosovo, w/ Bronze Star), and the Army Superior Unit Award. He has also been awarded the Driver's Badge (W), and the German Schuetzenschnur (Silver).

SGT Neal's deployments include: KFOR 3B/Task Force Falcon (Macedonia) and KFOR 4A/Task Force Falcon (Kosovo)

SGT Neal is married to the former Esther Maniscalco of Lumberton, Texas.



SPC Ericka L. Schlueter was born in Tacoma, WA on the 17 May 1985. She completed Military Police One Station Unit Training at Ft. Leonard Wood, MO. SPC Schlueter's military education includes the Combat Life Savers Course and the Warrior Leaders Course. I has also earned six Certificates of Achievement and completed over four hundred eighty hours of correspondence courses.

SPC Schlueter's military decorations include an Army Achievement Medal, the National Defense Service Medal, the Global War on Terrorism Service Medal, the Iraqi Campaign Medal, the Noncommissioned Officer Professional Developmental Ribbon, the Army Service Ribbon and the Combat Action Badge.

SPC Schlueter's short term goals are to become a respected noncommissioned officer, to continue to improve on her basic and advanced Soldiering skills, and to complete her associate's degree in criminal justice. SPC Schlueter's long term goals are to continue to progress through the enlisted ranks and to earn her bachelors degree in criminal justice.

401st MP CONCO OF THE YEAR &

SOLDIER OF THE YEAR

GUNFIGHTER 6 SENDS

CPT JOHN W. COPELAND



September marked another month of hard work and dedication from the now battle tested Gunfighter Soldiers. The troopers of the 401st MP CO continue to make huge strides towards our mission of advising and training the Iraqi Police in Mansour and Abu Ghraib Police districts here in Baghdad.

All the platoons have put their heart and soul into the task at hand and yielded some very impressive results. First and Third Platoon conducted a joint operation with 1-64 Armor Battalion and recruited well over 1000 citizens into the Iragi Police Services. There efforts will help establish the first ever legitimate police force for Adhl and Jamia, Baghdad. Second Platoon facilitated training at an isolated compound west of Baghdad for citizens in Abu Ghraib, Iraq. On September 20th and 25th, the training graduated over 1400 Iragi Policemen. My hat is off to the Warfighter, Punisher, and Hooligan



CPT Copeland and 1SG Sneed together at Khadra Police Station.

men and women for a job well-done.

Workhorse Soldiers continue to provide more than their share of support to all the Soldiers in the company. Day and night, wrenches turning, radios are chirping, and weapons are being fixed. Personnel Soldiers are taking care of Soldiers' paperwork, pay, and records and Supply folks are ensuring all troopers have exactly what they need in their kit-bag. I can't thank them all enough for their hard work.

Congratulations to our maintenance crew for winning the Forces Command Award for Maintenance Excellence. The 401st MP COmaintenance program was selected as the best in the Army this month for fiscal year 2006! I also salute all our award winners, Soldier and NCO of the Year, promotees, and reenlistees this month. You set the example for us all to follow. I am proud of each of you.

This month marks the final chapter in 1SG Sneed's tenure here in the 401st MP CO. 1SG Sneed has served our company well for the last three years as a platoon sergeant, the operations sergeant, and of course the first sergeant. His dedication to our Soldiers has been phenomenal. During his watch as first sergeant, the gunfighters executed over 25 weapons ranges, 6... See CDR (page 9)

GUNFIGHTER 7 SENDS

ISG CLAYTON SNEED

Greetings to all the Gunfighters and the Gunfighter family, I have one question what happened to the month of September? As most of you know on 5 October I will relinquish my responsibility of the company to SFC (P) Flom who is coming from the 720th S2 section to serve as the new First Sergeant. From me, Elsa, and David we gratefully thank you for allowing us to be apart of the Gunfighter family for three fabulous years. I hope all will welcome SFC (P) Flom and his wife, Monika and their two lovely daughters into the Gunfighter family. SFC (P) Flom is not a new face to the "Always First," he served as the 2nd Platoon Sergeant during the unit's last Iraq rotation in 2005.

Your Soldiers continue to do an exceptional job. With the release



1SG Sneed helps an injured Iraqi Policeman.

that the "surge" is working as planned take pride in knowing your Soldiers are critical to continuing the success of the 'surge." Soldiers, one day you will look back on your service to your great nation and say "wow I was a part of history" for one moment in time you are a part of history that

your grand children will learn about and you can say "I was there." Continue the great work you do and remember if we do not do it... then who will. Thanks for all you do.

There are so many people and Soldiers to be recognized who have provided me and this great unit so much support over the past three years that it would be impossible to thank all of them in this forum. So I will say to all the Gunfighters past and present, nothing could have been accomplished without your professionalism, dedication, and commitment to the unit's mission and none of your deeds have gone unnoticed. I would like to personally thank CPT Copeland and his family, Claire and Nathaniel, Sir you made this whole experience worth while and it has been a... See ISG (page 9)

GUNFIGHTER 3 SENDS

The 401st operations cell continues to perform above and beyond what is expected of them during this deployment. The Operations cell, guided by MSG Keene and SFC Williams continues to battle track over 75 combat day and night missions, to include Police Transition Team missions, Cdr's escorts, joint patrols and check points twenty-four hours a day while forward deployed. SPC Andersen has continued to provide constant up to date critical information

between five (5) landowners to the Gunfighter elements while performing combat patrols and other vital missions throughout Western Baghdad. MSG Fleser, our PTT subject matter expert has seamlessly continued to ensure the PTT missions continue to operate flawlessly within our 12 Iraqi Police Stations. SGT Thompson has taken the Security and Intelligence section in operations to a new level with up to the moment accurate details to all significant activi-

MSG IEREMY KEENE

ties that occurs with our area of operation. We also like to welcome a new addition to the Gunfighter Family. SSG Hughes, our corrections NCO and his wife, Adrienne had a 7lb, 20 inch baby boy, Anthony Charles born @ 1220 pm CST, 6 Sep 07. Finally, congratulations to SGT Thompson, who recently appeared before the September Promotion board. SGT (P) Thompson received 148 out of a possible 150 and was recommended for promotion. Great Job!

GUNFIGHTER

GAZETTE

401st Military Police Com-pany. Fort Hood, Texas 76544

The Gunfighter Gazette is a Soldier produced newsletter designed for and distributed to the families. friends and Soldiers associated with the 401st Military Police Company while deployed to Operation Iraqi Freedom 07-09. The opinions in this newsletter are not those of the United States Army, the United States Department of Defense or the United States of America. The opinions expressed in this newsletter are those solely of the Soldiers of the 401st Military Police Company. If you have questions or comments about this newsletter you may contact: SPC David S. Womack, 401s MP CO. david.s.womack@us.army.mil

This is a monthly publication distributed to the families care of the Family Readiness Group. You may contact the Family Readiness Group: (254) 287 - 2431 Bldg 16003, Fort Hood, Texas 76544

The Soldiers of the 401st Military Police Company sincerely thank you for your support! To mail a letter or package to your deployed Soldier please use the provided address:

PVT Lastname, Firstname MI 92ND MP BN 401 MP CO APO AE 09342

401st Military Police Company 92nd Military Police Battalion 89th Military Police Brigade

GUNFIGHTER 5 SENDS CPT MUSGRAVE

Yet another month has gone by that the Gunfighters have been working around the clock to make mission. This last month the Company received 15 new M1151 HMMWVs replacing

the M1114 HMMWVs. The M1151 has an upgraded armor kit built into the exterior of the vehicle, enhanced engine and suspension systems, a wider frame and tires, a larger turret opening for the gunners, and a better air conditioner - which is much needed in this desert heat! Each platoon was tasked with preparing 5 old M1114s

for trade which was not a simple task. Each truck had to be fully mission capable which required the support of the motor pool. The mechanics in the motor pool worked through the day

and into the night ensuring that any faults in the trucks were corrected. The M1114s also had to have their CREW systems taken out to be replaced into the new M1151s. The CREW



systems are the anti-IED systems that help block the transmissions required for most IEDs to ignite. This required the support of the commo and supply

sections. The platoons and the headquarter sections attacked this task with pride and determination until each truck was successfully turned in and the new M1151s were ready for

> mission. The Gunfighters exude pride and determination in every task they are presented with and this mission was no different. It is an honor for me to have the opportunity to work for the Gunfighter Soldiers!

-GF 5 Out

3A - SFC Williams, assistant Operations Sergeant takes a minute for a picture.

1st PLATOON

PLATOON LEADER: 2LT TRAVIS LYNCH PLATOON SER GEANT: SFC ZILA

The WARFIGHTER times

Greetings from the Warfighters! Soldiers of the First Platoon Warfighters have been enduring a busy month. Missions continue to remain a regular part of life, along with maintenance of equipment, inventories of equipment, and of course, training. Soldiers have been handling their busy lifestyles very well, going about their days with an air of pride and professionalism, and conducting them-

selves with a purpose. All is

very well in the First Platoon

Warfighters arena.

There have been a few changes over the past month. A new squad leader SSG Stanifer, has joined the Warfighter ranks, and has readily adapted into his new position, ensuring his squad's missions are accomplished and his soldiers' needs are met. There are a few more Soldiers new to First Platoon, SPC Gravelle and SPC Belmonte. They, too, have quickly adapted and have found a new home with the Warfighters.

When it comes to missions, Soldiers have been assisting, training, and continually supporting the Iraqi Police. Progress has been made in many regards since the 401st Military Police Company first arrived in Baghdad. Iraqi Police are well-supplied, and have been receiving training and quidance from some of America's finest Soldiers. A good rapport with the local populace is also continuing to be established. Iraqi children are sometimes given soccer balls, which are quite popular and appreciated in Iraq. We will continue to vigorously incorporate the Community Oriented Policing Program, where stuffed animals are also given out on occasion, and it's easy to see such gestures are appreciated by the waves and smiles from many of the local Baghdad residents.

Missions, of course, have a very serious note to them as well. Training and battle drills are conducted on a daily basis, ensuring Soldiers maintain their skills and combat superiority. Maintenance is also conducted regularly, of personal gear, weapons, and of course, vehicles. Weapons maintenance is a part of daily life, and vehicle maintenance, thanks to the hard work and constant efforts of the 401st Motor Pool, is conducted almost constantly. It is understood by everyone here that all Soldiers will be properly equipped for their missions, even if it means working harder. The missions must be accomplished, and Soldiers must be kept safe. As Sergeant Paul Adams, a team leader in Third Squad, First Platoon often says, "Mission, Soldier, Self." Those are words that everyone here lives by, for it is the First Platoon Motto.

However, life is not always about missions. There
is ample time for soldiers to
relax and recuperate. Some
Soldiers have even taken the
opportunity to visit Camp
Liberty's Education Center
to enroll in college courses
while here in Iraq. Other
Soldiers do further their military education through Army
Correspondence Courses in
their down-time. And of
course, all Soldiers find time
for recreational activities,

such as working out at one of the gyms, playing catch, watching TV or movies, and reading. In fact, there was one day specifically reserved for the Soldiers of First Platoon to engage only in recreational activities. Our Platoon Sergeant and LT reserved a Morale, Welfare, Recreation Center, and all the Warfighter Soldiers enjoyed playing pool and cards, watching movies, playing sports, and best of all, a barbecue for lunch. Later that evening, many of us came together to enjoy more great food and a movie. It was a real good day. We will have another fun day coming up shortly and we are all looking forward to some fun and relaxation.

The Soldiers here have all fully adapted to their environment here in Iraq. While it is certainly not like home here, it is as close to a home as can be found given the circumstances. It is the good spirits and ingenuity of the Soldiers and our leaders here that makes it this way. The Warfighter Soldiers are aware of the seriousness of their jobs, and they are grateful for the opportunities of recreation that they have. Morale is high in First Platoon, as well as in the rest of the unit, spirits are good, and the needs of Soldiers are strived to be met. As Private First Class Tiffany Rivers always says, "Warfighters, hooah!" We love, miss, and appreciate all that you do for us. Warfighters, signing-off until next time.





MEETING: SPC Kemnitz is seen with an Iraqi Policeman.



A BREATHER: CPL Wathen takes a minute to catch his breath after a hot afternoon at his IP station.



FIRST AID: SPC Jackson is seen with an Iraqi Policeman, during first aid training.

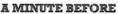
2nd PLATOON

PLATOON LEADER: 2LT MARTINEZ.
PLATOON SERGEANT: SSG SMITH

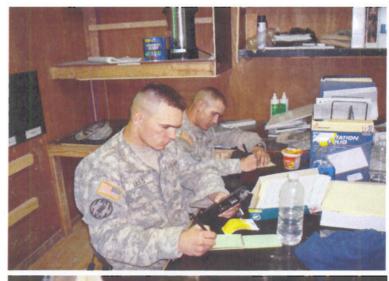
The PUNISHER corner

HAND RECIEPTS:

PFC Bass and PFC Nutter, both of 2nd squad, keep busy helping keep the records for equipment up-to-date. Often an overlooked piece of the pie is the behind the scenes work to keep all equipment up-to-date and running smoothly.



SP: PFC Prankienas, the Punisher Medic, is seen shortly before rolling out with 3rd squad. PFC Prankienas keeps busy at the police stations in the 2nd platoon area by completing medical training and health evaluations for detainees.





LEFT: SGT Gates, of 1st squad is seen on mission at Abu Ghraib headquarters preparing to check up on the Soldiers pulling security and the armsroom.

RIGHT: SPC Lowe, of 2nd squad, is seen inventorying the AK-47 assault rifles in the IP

armsroom at Risalah local police station.

Good news all around! The temperature is dropping to a comfortable 100+ that is a big difference from 110+. The Punishers have been very busy this month. We have been preparing to receive about 1400 new Iraqi Police to re-enforce the police stations in our area of operations (Abu Ghraib).

If you have watched the news or GEN Patreuas's speech they have referred to a lot of progress in certain areas, Abu Ghraib being one of those areas. The Abu Ghraib area is our platoon's area of operations. So when I say the platoon has been doing great work and is making a difference it is not just me seeing their efforts.

More good news is SSG Smith and CPL Parker will be promoted 1 October 07. We would sincerely like to thank the families and friends back home who continuously show there love and support to the Soldiers of the Punisher platoon. Keep those letters and carepackages coming and we will continue to make you you all proud. PUNISHER 6 OUT



3rd PLATOON

PLATOON LEADER: 2LT WALTER
PLATOON SERGEANT: SSG DECKER

A HOOLIGAN REPORT

During September, 3rd Platoon received 5 brand new M1151 HMMWVs (pronounced Humvees) to replace the older and more worn out vehicles within the platoon fleet. We have also received 3 new M1151s to augment our fleet and provide needed floater vehicles. 1st Squad replaced all of their vehicles due to the fact that they have been out pacing the rest of the company in miles driven throughout the Gunfighter area of responsibility. 2nd Squad received two of the new vehicles to replace their oldest vehicles. Those two squads have taken control of their new vehicles, taking the time to add their little touches to their vehicles.

With the addition of these eight new vehicles, routine maintenance is still being conducted, but the number of hours spent in the motor pool has been cut dramatically. This will allow all the Soldiers in 3rd Platoon more time to spend in other areas of their mission here in Iraq.

3rd Platoon re-enlisted 4 more Soldiers to stay in the Army. SGT Donald Womack (3rd Squad), SPC Daniel Fennewald and SPC Matthew McGinnis (both in 2nd Squad), and SPC Chayne Williams (1st Squad) all re-enlisted at the beginning of September to continue on with their military careers. All four of these "HOOLIGANS" are an essential part of the US Army and the unit. We would like to thank them and their families for all of the sacrifices that they have made in support of their nations freedoms.



M1114: Slowly being replaced. The M1114 "uparmored" HMMWV was introduced shortly after Desert Storm and is still in service in Iraq.



M1151: Newly enhanced "uparmored" vehicles, with better Armor, ad a more sophisticated and operating Air Conditioning system for the extremely hot months of the Iraqi summer.





FAR LEFT: SPC McGinnis and SPC Williams take the Oath of Re-Enlistment.

LEFT: SGT Womack receives the Re-Enlistment Oath. BOTTOM LEFT: SGT Neal and SPC Fennewald earned the NCO and Soldier of the Month. BOTTOM:

SPC Fennewald takes the Re-Enlistment Oath.









FROM THE HORSE:

A WORKHORSE report

PRORERTY BOOKS. Statement of Charges, and FL's are the commanders worse nightmare staying awake and wondering if the platoons have lost a piece of equipment, but a small group of Soldiers keep it all straight and let the commander sleep at night. The 401st Military Police Company Supply Section lead by SGT Jeffery Polette, SPC Eusebio Perez and PFC Moriah Johnson are the three who keep it strait

ensuring that the commanders and the Soldiers equipment is accounted for at all times. From lateral transfers, SSA and SSSC orders and pick ups, managing all property to include the Soldiers individual clothing records and central issuing facility draws that the Soldiers of the 401st own are tracked by these three Soldiers. They have everything you need from your basic pen and paper to the lieuten-

PLATOON SERGEANT: SSG GARTH JOHNSON

ant's and the platoon sergeant's office supplies, these three Soldiers who are always on the go. If its class II, III, IV, V, VII, the supply sergeant and supply specialists do their best to get it or order it for the Gunfighters.



LEFT: SGT
Polette, takes
time from his
busy day for a
picture. RIGHT:
PFC Johnson is
doing yet another
inventory for a
Soldier going on
leave.





The WORKHORSE family bids a fond farewell and a goodbye to GUNFIGHTER 007, 1SG Clayton J. Sneed we thank you for your leadership and your guidance you will be missed from the Workhorse family.



the SOLDIERS corner—



"I WANT TO SAY HI TO MY WIFE AND THAT I REALLY LOVE AND MISS HER."

SPC DARIN TEAGUE- 1ST PLATOON

WARFIGHTERS

"TO MY WIFE MIKI, I REALLY MISS YOU. YOU TOLD ME TO GET IN THE NEWSLETTER—SO HERE I AM! ARE YOU PROUD OF ME?! SPC ANTHONY TRUE— HQ PLATOON

WORKHORSE





"I WANT TO TELL MY WIFE THAT: 'I LOVE YOU, I CANT WAIT TO SEE YOU. KEEP SMILING FOR ME'."

SPC REGINALD MATTHEWS- 2ND PLATOON
PUNISHERS

"HEY SWEETHEART, I LOVE YOU ALWAYS AND FOR-EVER.." SPC AARON DETINNE- 2ND PLATOON

Demonstrate 1

PUNISHERS





"TO MY FAMILY: 'THANKS FOR YOUR SUPPORT, I LOVE YOU AND I'LL BE HOME IN A LIL' WHILE."

SPC DANIELLE JENNINGS- 3RD PLATOON
HOOLIGANS

MESSAGES FROM YOUR SOLDIERS TO YOU. EACH MONTH THE GUNFIGHTER GAZETTE WILL PUBLISH MESSAGES FROM 5 SOLDIERS. KEEP A WATCH OUT FOR A MESSAGE FROM YOUR SOLDIER!

SEPTEMBER 2007

CONGRATULATIONS GUNFIGHTERS

CDR from page 2:...field exercises, 10 Presidential security missions, 5 antiterrorism exercises; won Battalion Honor Company, Battalion JP Holland recognition, the Army Award for Maintenance Excellence as the top maintenance program in the Army, the Connelly Award for maintaining the top dining facility in the Southwest Region; deployed to Baghdad, Iraq; executed well over 700 combat patrols covering more than 40,000 miles; detained 3 insurgents; and trained over 3300 Iraqi Policemen.

Good run First Sergeant! You have been exactly the kind of First Sergeant I hoped for. Your reliability and commitment are unequaled. Good luck in your next assignment and God bless you and your wonderful family, Elsa and David. Thanks for everything you've done for me and our company.

"Always First! Gunfighters!"

1SG from page...pleasure to serve everyday with you. I could not have dreamed or have hoped for a better Battle Buddy over the last 18 months. You are a true leader in every respect to the word "a Soldiers, Soldier." Sir, you, Claire, and Nathaniel are a dynamic command team and family. From my family to yours, God bless you and know you will always be in our prayers.

To Elsa and David I just want to say I love and miss you both, and to Elsa "no more Bat Phone." To the ladies of the FRG, I personally thank you for all you hard work and support you have given to the unit. Continue to provide the outstanding support you have always shown for your Soldiers and the unit... without you none of this would have been possible...Thank you...

Until we are all together again, keep us in your prayers as you will be in ours. "ALWAYS FIRST" Gunfighter 007 out!

SEPTEMBER RE-ENLISTMENTS

SPC MCGINNIS

SPC FENNEWALD

SPC WILLIAMS

SGT WOMACK

SFC SENIOR

BIRTHDAYS:

SPC JACKSON SPC ORSINI SSG SMITH

PFC JAUHAL SPC RUSCIO PFC WEGER

SFC ZILA



SGT Adams takes a few moments to advise an Iraqi Policeman at the White-Gold Police



SUSTAINER OF THE MONTH

SGT AMENT

AWARDS

ARCOM - VALOR

SGT ADAMS, K

ARCOM

SGT SELI

PURPLE HEART

SGT ADAMS, K

SPC SADLER

CPL BELL

COMBAT ACTION BADGE

PFC KEY	CPL BELL		
SPC SADLER	SGT GATES		
PFC GUSHARD	SPC MATTHEWS		
SSG MEJIA	PFC SANDERS		
PFC FRICKE	SPC GRAVELLE		
SPC KIDD	2LT MARTINEZ		
SPC MITCHELL	PFC SYZNALSKI		
SPC POLANCO	PFC WILLIAMS		
PFC WASHBURN	SPC MONTALVAN		
PFC HENCKEL	SSG WATTS		
SSG HUGHES	SPC WILLIAMS, C		
PFC SUURMEIER	PFC MARTIN		
SGT ADAMS, K	SPC SCHLUETER		
SPC SOLANO	SPC HAWK		
SPC JENNINGS	PFC EAVES		
PFC BALE	SPC PAGAN		
PV2 TOPPER			

GOOD CONDUCT MEDAL

SPC ALLEN

SGT TOMPKINS



HERO OF THE MONTH
SPC CISNEROS

401st Military Police Company

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"Always First"
Supporting the
Gunfighter Posse:

Coming Soon to the Web

OCTOBER 2007

SUN	MON	TUE	WED	THU	FRI	SAT
	1	2	3	4	5 Blood Drive	6 Kids Expo / Concert
7	8 Columbus Day	9	10	11	12	13 Basket Fest
14	15	16	17	18	19	20 Harvest fest / Concer
21	22	23	24	25	26 BDE Halloween party	27
28	29 FRG Meet- ing	30	31 Halloween	1 November	2	3 Stocking Stuffing

Oct 5 - Blood drive for Soldiers in Iraq/Afghanistan at West Fort Hood, BLDG 91027

Oct 6 - Kids Expo 2007 9am-5pm at main Arena, Bell County Expo

Oct 6 - Wild Horses Band 8pm-10pm at Carl Levin Park Amphitheater For more info: 254-953-5657

Oct 13-21 - Longaberger Basket Fest 9am-7pm Create your very own Longaberger basket at Abrams Fitness center, BLDG 23001, 62nd ST and Support Ave . For reservations: 740-322-5588

Oct 20 - Casting Crowns concert 7pm at Bell County Expo Center Tickets available at participating HEB's

Oct 20 - Harvest Fest 10am-1pm at Bronco Youth Center, FT Hood, DJ, food, arts and crafts and much more

Oct 26 - 89th MP BDE FRG Halloween party at Battalion area, 6.30pm-8.30pm, Haunted House and more

Oct 29 - FRG Meeting at 720th MP BN Classroom BLDG 16017, 6:30pm—8:30pm (Childcare bring shot records)

Nov 3 - Christmas Stocking Stuffing at 401 MP Company, 2:00pm until complete.

Kid's Corral

Kids Deployment Journals



Deployments are hard if your mom or dad are one of the many soldiers that has to leave to defend our country.

Keeping a journal is a special place for you to write about how you feel and what happens during the time that someone you love is deployed.

Your journal could be a notebook or a collection of papers you tie together with yarn .

Write your feelings in it, what you wish for yourself and /or for your deployed loved one. You could even write down how proud you are of your mom and dad about what they do. Or you could even just draw something if you don't feel like writing anything one day.

And the day your deployed mommy or daddy comes back home to you as an even bigger hero than you already thought he or she was, you could show your journal if you want and they will read your whole journal with love and pride. And if you want to keep your journal for your eyes only that just fine too. It is after all your journal.

Have fun writing!

FRG Fund

"Dollars and Cents"

- Beginning \$1,012.50
- Expenses \$225.00
- Funds Added—\$670.00
- Current \$1457.50
- Budget Items None scheduled

Rear Detachment Commander—Round Up

MSG Arceneaux

The theme for this month seems to be change. Summer is turning to fall and hopefully an end to the warm temperatures we have been experiencing here in Central Texas.

We are also experiencing a change in the unit's leadership. On October 05, 2007 we bid farewell to 1SG Sneed and his Family as he officially changes responsibility. We, the Rear Detachment, would like to thank him for his leadership and commitment to the Soldiers and the Families of the 401st Military Police Company.

At the last FRG meeting we also had the opportunity to bid a fond farewell to Elsa Sneed, his wife, and David, their son. We presented Elsa red roses and a Company Coin of Excellence to David. 1SG Sneed will move on to be the Operations Sergeant Major for the 720th Military Police Battalion currently deployed to Baghdad, Iraq. The Sneed Family will be missed but will always have a home here in the 401st MP Company.

Joining the Gunfighter Family will be 1SG Brian Flom and his wife, Monika and their two daughters, Sasha and Alexandria. 1SG Flom is no stranger to the 401st MP Company having served as a Platoon Sergeant in the unit during the last deployment. We would like to welcome them into our ranks and look forward to their service and support to the unit and the FRG.

I have had several questions concerning our Gold Star Family Members during the past month. I just want to let you know that I speak with them regularly and they always speak highly of the unit and are very grateful for the support they have received

from the military side of the house and for the concern, prayers, flowers and cards sent to them on behalf of the FRG. Many of you have asked how to get in contact with them and I have spoken with them about how to handle contact from individuals in the Gunfighter Family. If you wish to send personal correspondence to them please mail it to me at the below address:

Commander

401st Military Police Company

BLDG 16003

Ft. Hood, TX 76544

Ensure that you identify which Family you wish your correspondence to go to and I will forward items received to the appropriate Family in bulk on a monthly basis.

Gunfighter (Rear) Happenings

Hail and Farwell

During our September FRG meeting we said our farewell to the 1SG's wife, Elsa Sneed .Mrs Sneed is looking forward to whatever lays ahead but she will miss her 401st MP CO Soldiers and their Families . She also wanted to let us know how proud she is of her husband 1 SG Clayton J. Sneed .With this note we wish them the best of luck and happiness in whatever their future may bring them .

With Mrs Sneed's departure we welcome our new 401st MP CO's 1SG wife, Monika Flom . Monika Flom is very enthusiastic and energetic lady who will bring new ideas and her experience to our FRG. She is looking forward to meeting all the other spouses at the next FRG meeting that were not able to attend September's meeting .

So all you spouses come to the October FRG meeting . You will not regret it, she's a spunky lady!



Mrs. Elsa Sneed, receives red roses for her outstanding support to the unit.



From L-R: LTC Lydon, David Sneed, Elsa Sneed, Monika Flom and MSG Arceneaux.



Monika Flom receiving yellow roses, welcoming her to the unit.

FRG: Through the Eyes of a Spouse

By: Silvia DeTinne

The general feeling among spouses is that FRG meetings are not something they really can't wait to attend. Most spouses attend out of obligation or duty, and their initial attendance isn't out of excitement. I know because I was one of them. How ever most will agree, as do I, once they attend they do have an enjoyable time.

There are several reasons you might want to attend an FRG meeting, and having fun is just the icing on the cake. FRG meetings are an information source; you get the opportunity to ask questions and even give the command, "A piece of your mind."

You also get to know what services and volunteer openings are out there for you, the Army Spouse. For instance, we are currently working with Habitat For Humanity where we assist in constructing a building for deserving families through the Habitat program.

We have the Key Spouse Callers and Care Team volunteers, me as the volunteer for the newsletter you are now reading and we also are selling the MP cookbooks to raise money for our FRG fund and exploring other fund raising opportunities. The benefit: we can use the funds to do whatever we wish or save it to give our Soldiers a nice homecoming.

On December 8-9, 2007 there will be a Deployed Spouse's Retreat which is going to be awesome and something we Spouses could really use and deserve as we serve too, right here on the home-front. We will let you know more about this when we have all the information in the next newsletter.

But the biggest reason for spouses to attend FRG meetings is to meet other spouses because we are all in the same boat.

As Alma Powell, wife of GEN (Ret) and former Secretary of State Colin Powell, once said, "As wives, if we do not know one another, how will we be able to support one another, and stand together in times of need?"

So what do you have to lose?

Come and join us at the next FRG meeting on October 29 at ...and who knows , you might end up meeting a very good friend.

Hope to see you all soon! Silvia